# Directory

This directory brings together all the helpful resources mentioned in the toolkit. It is organised by chapter and topic, so you can quickly find the information you need.

#### Chapter 1: Explore housing options

Benefits of moving out

* [Independent living: Are you ready to start your journey?](https://mable.com.au/discover/ndis-home-and-living-options/independent-living-are-you-ready-to-start-your-journey/) - Housing Hub & Mable
* [Living more independently](https://assets.summerfoundation.org.au/app/uploads/2024/04/02161718/Living-more-independently2024-accessible-update.pdf) – Summer Foundation

Challenges of moving out

* [Independent living: Are you ready to start your journey?](https://mable.com.au/discover/ndis-home-and-living-options/independent-living-are-you-ready-to-start-your-journey/) – Housing Hub & Mable
* [Living more independently](https://assets.summerfoundation.org.au/app/uploads/2024/04/02161718/Living-more-independently2024-accessible-update.pdf) – Summer Foundation

Housing and support options

* [Living in and moving out of residential aged care – NDIS](https://www.ndis.gov.au/participants/home-and-living/living-and-moving-out-residential-aged-care)
* [Supported independent living – NDIS](https://ourguidelines.ndis.gov.au/supports-you-can-access-menu/home-and-living-supports/supported-independent-living)
* [Individualised living options – NDIS](https://www.ndis.gov.au/participants/home-and-living/individualised-living-options)
* [Personal care supports – NDIS](https://www.ndis.gov.au/about-us/operational-guidelines/including-specific-types-supports-plans-operational-guideline/including-specific-types-supports-plans-operational-guideline-personal-care-supports)
* [Mainstream housing options: A guide for people with disability, their families and supporters – Summer Foundation](https://assets.summerfoundation.org.au/app/uploads/2024/03/27151800/Mainstream-Housing-Options-2024-accessible.pdf)

Timelines for moving out

* [SDA pathway and approval process](https://assets.ctfassets.net/blhxs4s3wp2f/7i3KKu7PFtfcHUHvgptVUS/c9bd4c3f69830addaa585605094eab1d/Steps_to_SDA_.pdf) – Housing Hub

Costs of moving out

* [Factsheet: Rent in SDA](https://www.housinghub.org.au/resources/category/factsheet-rent-in-sda?seeker=true) – Housing Hub
* [Mainstream housing options](https://assets.summerfoundation.org.au/app/uploads/2024/03/27151800/Mainstream-Housing-Options-2024-accessible.pdf) – Summer Foundation

#### Chapter 2: Understand the basics of moving

Housing and support options

* [Specialist disability accommodation](https://www.ndis.gov.au/providers/housing-and-living-supports-and-services/specialist-disability-accommodation) – NDIS
* [Supported independent living](https://ourguidelines.ndis.gov.au/supports-you-can-access-menu/home-and-living-supports/supported-independent-living) – NDIS
* [Individualised living options](https://www.ndis.gov.au/participants/home-and-living/individualised-living-options) – NDIS
* [Personal care supports](https://www.ndis.gov.au/about-us/operational-guidelines/including-specific-types-supports-plans-operational-guideline/including-specific-types-supports-plans-operational-guideline-personal-care-supports) – NDIS
* [Mainstream housing options](https://assets.summerfoundation.org.au/app/uploads/2024/03/27151800/Mainstream-Housing-Options-2024-accessible.pdf) – Summer Foundation
* [Different places you could live](https://www.housinghub.org.au/resources/article/chapter-3-different-places-you-could-live) – Housing Hub
* [About mainstream housing](https://www.housinghub.org.au/housing-seekers/about-mainstream-housing) – Housing Hub
* [Types of housing](https://www.disabilitygateway.gov.au/housing/types) – Disability Gateway

Support with planning your move

* [Journey map – younger person (under 65 years of age) considering entry to residential aged care](https://www.ndis.gov.au/participants/home-and-living/living-and-moving-out-residential-aged-care/process-younger-person-considering-entering-residential-aged-care) – Department of Health and Aged Care, National Disability Insurance Agency, My Aged Care, Ability First Australia
* [Younger People in Residential Aged Care (YPIRAC) Systems Coordinator Program](https://abilityfirstaustralia.org.au/younger-people-in-residential-aged-care-system-coordinator-program/#:~:text=Ability%20First%20Australia's%20Younger%20People,living%20in%20residential%20aged%20care.) – Ability First Australia
* [Helping participants transition from residential aged care](https://www.ndis.gov.au/providers/housing-and-living-supports-and-services/helping-participants-transition-residential-aged-care) – NDIS
* [Rights as a person with a disability](https://www.housinghub.org.au/housing-seekers/rights-as-person-with-disability) – Housing Hub
* [Rights and legal](https://www.disabilitygateway.gov.au/legal) – Disability Gateway
* [Rights of people with disability](https://www.disabilitygateway.gov.au/ads/rights-pwd) – Disability Gateway
* [Your rights and responsibilities](https://www.ndis.gov.au/participants/your-rights-and-responsibilities) – NDIS
* [United Nations Convention on the Rights of Persons with Disabilities (UNCRPD)](https://humanrights.gov.au/our-work/disability-rights/united-nations-convention-rights-persons-disabilities-uncrpd) – Human Rights
* [My Rights: Supported Decision Making](https://supporteddecisionmaking.com.au/) – WA’s Individualised Services
* [Support decision making](https://www.inclusionaustralia.org.au/topic/supported-decision-making/) – Inclusion Australia
* [Supported decision making policy](https://www.ndis.gov.au/about-us/policies/supported-decision-making-policy) – NDIS

Costs of moving out

* [Managing your budget](https://moneysmart.gov.au/budgeting) – MoneySmart
* [Mainstream housing options](https://assets.summerfoundation.org.au/app/uploads/2024/03/27151800/Mainstream-Housing-Options-2024-accessible.pdf) – Summer Foundation
* [Factsheet: Rent in SDA](https://www.housinghub.org.au/resources/category/factsheet-rent-in-sda?seeker=true) – Housing Hub
* [Different ways of paying for where you live](https://www.housinghub.org.au/resources/article/chapter-4-different-ways-of-paying-for-where-you-live) – Housing Hub

Timelines for moving out

* [SDA pathway and approval process](https://assets.ctfassets.net/blhxs4s3wp2f/7i3KKu7PFtfcHUHvgptVUS/c9bd4c3f69830addaa585605094eab1d/Steps_to_SDA_.pdf) – Housing Hub
* [Mainstream housing options](https://assets.summerfoundation.org.au/app/uploads/2024/03/27151800/Mainstream-Housing-Options-2024-accessible.pdf) – Summer Foundation
* [Living more independently](https://assets.summerfoundation.org.au/app/uploads/2024/04/02161718/Living-more-independently2024-accessible-update.pdf) – Summer Foundation

#### Chapter 3: Find the right home for you

Support with planning your move

* [Looking for somewhere to live](https://assets.summerfoundation.org.au/app/uploads/2024/03/28141117/looking-for-somewhere-to-live-2024-accessible.pdf) – Summer Foundation
* [Thinking about moving: do you need help?](https://www.housinghub.org.au/housing-seekers/thinking-about-moving) – Housing Hub
* [What is an NDIS plan?](https://ourguidelines.ndis.gov.au/your-plan-menu/creating-your-plan/what-ndis-plan) – NDIS
* [Personal networks](https://www.aruma.com.au/wp-content/uploads/2023/09/Personal-Networks-Easy-Read.pdf) – Aruma
* [Circles of support](https://www.family-advocacy.com/assets/Uploads/Downloadables/d425931888/11320-Developing-and-maintaining-a-support-circle.pdf) - Family advocacy

Steps to move out of aged care

* [NDIS housing pathways](https://assets.summerfoundation.org.au/app/uploads/2023/07/03162217/ndis-housing-pathway-June2023.pdf) – Summer Foundation
* [NDIS Housing Goal Writing](https://www.housinghub.org.au/resources/article/chapter-11-ndis-housing-goal-writing) – Housing Hub
* [What is an NDIS plan](https://ourguidelines.ndis.gov.au/your-plan-menu/creating-your-plan/what-ndis-plan)? – NDIS
* [How to move from NDIS aged care into more suitable accommodation](https://planpartners.com.au/knowledge/articles/how-to-move-out-of-ndis-aged-care-into-more-suitable-accommodation) – Plan Partners
* [Does the support meet the reasonable and necessary criteria?](https://ourguidelines.ndis.gov.au/how-ndis-supports-work-menu/reasonable-and-necessary-supports/how-do-we-make-decisions-about-what-reasonable-and-necessary/does-support-meet-reasonable-and-necessary-criteria) – NDIS
* [Sample NDIS plans](https://assets.summerfoundation.org.au/pdf_offload/2017/06/Sample-NDIS-plans-march2018-web.pdf) – Summer Foundation
* [Looking for somewhere to live](https://assets.summerfoundation.org.au/app/uploads/2024/03/28141117/looking-for-somewhere-to-live-2024-accessible.pdf) – Summer Foundation
* [Thinking about moving: do you need help?](https://www.housinghub.org.au/housing-seekers/thinking-about-moving) – Housing Hub
* [Allied Health](https://www.housinghub.org.au/housing-seekers/allied-health) – Housing Hub
* [Support coordination](https://www.housinghub.org.au/housing-seekers/support-coordination) – Housing Hub
* [Finding a support coordinator](https://www.ndis.gov.au/participants/using-your-plan/who-can-help-start-your-plan/support-coordination/finding-support-coordinator) – NDIS
* [Find a registered provider](https://ndis.gov.au/participants/working-providers/find-registered-provider) – NDIS
* [How to write a housing plan](https://www.housinghub.org.au/resources/article/how-to-write-a-housing-plan) – Housing Hub

Finding and choosing the right home

* [My housing preferences](https://www.summerfoundation.org.au/resources/my-housing-preferences/) – Summer Foundation
* [Thinking about moving: what do you want and need out of housing?](https://www.housinghub.org.au/housing-seekers/thinking-about-moving) – Housing Hub

Housing and support options

* [Home and support options](https://www.housinghub.org.au/housing-seekers/home-and-support-options) – Housing Hub
* [Individualised living options](https://www.ndis.gov.au/participants/home-and-living/individualised-living-options) - NDIS
* [Supported independent living for participants](https://www.ndis.gov.au/participants/home-and-living/supported-independent-living-participants) – NDIS
* [Personal care supports](https://www.ndis.gov.au/about-us/operational-guidelines/including-specific-types-supports-plans-operational-guideline/including-specific-types-supports-plans-operational-guideline-personal-care-supports) – NDIS
* [Your support team](https://www.housinghub.org.au/housing-seekers/support-team-info) – Housing Hub
* [Health and wellbeing](https://www.disabilitygateway.gov.au/health-wellbeing) – Disability Gateway
* [Assistive technology explained](https://www.ndis.gov.au/participants/assistive-technology-explained#:~:text=Assistive%20technology%20is%20equipment%20or,something%20more%20easily%20or%20safely.) – NDIS
* [How do we fund assistive technology?](https://ourguidelines.ndis.gov.au/supports-you-can-access-menu/equipment-and-technology/assistive-technology/how-do-we-fund-assistive-technology) – NDIS
* [Assistive technology – Guide for low cost support funding](https://www.ndis.gov.au/media/3049/download?attachment) – NDIS
* [Home modifications](https://ourguidelines.ndis.gov.au/supports-you-can-access-menu/home-and-living-supports/home-modifications) – NDIS
* [What home modifications do we fund?](https://ourguidelines.ndis.gov.au/supports-you-can-access-menu/home-and-living-supports/home-modifications/what-home-modifications-do-we-fund) – NDIS
* [Mainstream Housing Options](https://assets.summerfoundation.org.au/app/uploads/2024/07/25121828/Mainstream-Housing-Options-2024-accessible.pdf) – Summer Foundation
* [Medium Term Accommodation](https://www.housinghub.org.au/resources/category/short-and-medium-term-accommodation) – Housing Hub
* [Adventures without limits: Respite & STA](https://www.housinghub.org.au/resources/article/adventures-without-limits-respite-and-sta) – Housing Hub
* [Medium term accommodation](https://ourguidelines.ndis.gov.au/supports-you-can-access-menu/home-and-living-supports/medium-term-accommodation) – NDIS
* [Short term accommodation or respite](https://ourguidelines.ndis.gov.au/supports-you-can-access-menu/home-and-living-supports/short-term-accommodation-or-respite) – NDIS

Transition considerations

* [The housing toolkit](https://assets.summerfoundation.org.au/pdf_offload/2016/publications/housing_toolkit.pdf) – Summer Foundation
* [Moving house: successful transitioning](https://ypinh.org.au/wp-content/uploads/2023/08/YPINH_factsheet-moving_house_sucessful_transitioning.pdf) – Younger People in Nursing Homes National Alliance
* [Personal networks](https://www.aruma.com.au/wp-content/uploads/2023/09/Personal-Networks-Easy-Read.pdf) – Aruma
* [Circles of support](https://www.family-advocacy.com/assets/Uploads/Downloadables/d425931888/11320-Developing-and-maintaining-a-support-circle.pdf) - Family advocacy
* [The people platform – where interests become friendships](https://www.meetup.com/) – Meetup
* [Find a neighbourhood house/centre](https://www.anhca.org/findahousecentre) - Australian Neighbourhood Houses and Centres Association
* [Leisure](https://www.disabilitygateway.gov.au/leisure) – Disability Gateway
* [Linda offers her advice on looking for SDA –](https://www.youtube.com/watch?v=D4GwP4N6Cfg) Summer Foundation
* [Sam shares ‘things that helped me move’](https://www.youtube.com/watch?v=wPiCk-aVYAo) – Summer Foundation
* [Christie achieving her home and living goals](https://www.youtube.com/watch?v=Dq8RakQAmuA) – Summer Foundation
* [Living more independently: resource series](https://www.housinghub.org.au/resources/category/living-more-independently-series) – Housing Hub
* [Living in my own home](https://www.myhomemyway.com.au/living-in-my-own-home) – My Home, My Way
* [The lives we lead](https://theliveswelead.com.au/) – WA’s Individualised Services

#### Chapter 4: Moving out

Finding and choosing the right home

* [Finding housing](https://www.housinghub.org.au/housing-seekers/finding-a-home) – Housing Hub
* [Housing Hub](https://www.housinghub.org.au/)
* [Nest](https://gonest.com.au/)
* [YourPlace Housing](https://yourplacehousing.com.au/)
* [Endeavour Foundation](https://www.endeavour.com.au/)
* [Housing Choices Australia](https://www.housingchoices.org.au/)
* [myGov](https://my.gov.au/en/services/living-arrangements/finding-renting-and-buying-a-home/help-with-homelessness/social-public-and-community-housing)
* [My housing preferences](https://www.summerfoundation.org.au/resources/my-housing-preferences/) – Summer Foundation
* [Assessing accommodation options:](https://ypinh.org.au/wp-content/uploads/2023/08/YPINH_factsheet-assessing_accomodation_options.pdf) factsheet – Young People in Nursing Homes National Alliance
* [What should I consider?](https://www.housinghub.org.au/housing-seekers/what-should-i-consider) – Housing Hub
* [Thinking about moving: what do you want and need out of housing?](https://www.housinghub.org.au/housing-seekers/thinking-about-moving) – Housing Hub

Timelines for moving out

* [Moving house: successful transitioning](https://ypinh.org.au/wp-content/uploads/2023/08/YPINH_factsheet-moving_house_sucessful_transitioning.pdf) – Young People in Nursing Homes National Alliance

Transition considerations

* [The housing toolkit](https://assets.summerfoundation.org.au/pdf_offload/2016/publications/housing_toolkit.pdf) – Summer Foundation
* [Moving house: successful transitioning](https://ypinh.org.au/wp-content/uploads/2023/08/YPINH_factsheet-moving_house_sucessful_transitioning.pdf) – Younger People in Nursing Homes National Alliance
* [Living more independently: resource series](https://www.housinghub.org.au/resources/category/living-more-independently-series) – Housing Hub
* [Living more independently](https://assets.summerfoundation.org.au/app/uploads/2024/07/25120414/Living-more-independently2024-accessible-update.pdf) – Summer Foundation
* [Moving to a new home checklist – everything but the kitchen sink!](https://assets.ctfassets.net/blhxs4s3wp2f/KwQ1VPYv3of82JerAuWIY/ac8cf0c138f09dec8a1932f350ad7612/HH_training_Moving_to_a_New_Home_Checklist.pdf) – Housing Hub
* [Beyond Blue](https://www.beyondblue.org.au/)
* [Lifeline](https://www.lifeline.org.au/)
* [Carers Australia](https://www.carersaustralia.com.au/)
* [Disability Advocacy Network Australia](https://www.dana.org.au/find-an-advocate/)
* [What types of community connections are available?](https://ourguidelines.ndis.gov.au/home/community-connections/what-type-community-connections-are-available) – NDIS
* [Contact us](https://www.summerfoundation.org.au/about-us/contact-us/) – Summer Foundation
* [Life Skills](https://www.disabilitygateway.gov.au/everyday-living/life-skills) – Disability Gateway

Costs of moving out

* [Living more independently](https://assets.summerfoundation.org.au/app/uploads/2024/07/25120414/Living-more-independently2024-accessible-update.pdf) – Summer Foundation
* [Moving to a new home checklist](https://assets.ctfassets.net/blhxs4s3wp2f/KwQ1VPYv3of82JerAuWIY/ac8cf0c138f09dec8a1932f350ad7612/HH_training_Moving_to_a_New_Home_Checklist.pdf) – everything but the kitchen sink – Housing Hub
* [Moving house: successful transitioning](https://ypinh.org.au/wp-content/uploads/2023/08/YPINH_factsheet-moving_house_sucessful_transitioning.pdf) – Younger People in Nursing Homes National Alliance
* [Shopping assistance](https://www.disabilitygateway.gov.au/everyday-living/shopping) – Disability Gateway
* [Income and finance](https://www.disabilitygateway.gov.au/income-finance) – Disability Gateway
* [Financial support](https://www.disabilitygateway.gov.au/income-finance/financial-support) – Disability Gateway
* [Tax support](https://www.disabilitygateway.gov.au/income-finance/tax-support) – Disability Gateway
* [Cards and concessions](https://www.disabilitygateway.gov.au/income-finance/cards-concessions) - Disability Gateway
* [Financial support for healthcare](https://www.disabilitygateway.gov.au/income-finance/support-healthcare) – Disability Gateway
* [National Companion Card](https://www.dss.gov.au/our-responsibilities/disability-and-carers/program-services/for-people-with-disability/national-companion-card) – Department of Social Services

Ongoing support

* [Living more independently](https://assets.summerfoundation.org.au/app/uploads/2024/07/25120414/Living-more-independently2024-accessible-update.pdf) – Summer Foundation
* [Moving to a new home checklist](https://assets.ctfassets.net/blhxs4s3wp2f/KwQ1VPYv3of82JerAuWIY/ac8cf0c138f09dec8a1932f350ad7612/HH_training_Moving_to_a_New_Home_Checklist.pdf) – everything but the kitchen sink! – Housing Hub
* [Your support team](https://www.housinghub.org.au/housing-seekers/support-team-info) – Housing Hub
* [Tips for building trust with your support worker](https://mable.com.au/newsroom/tips-for-building-trust-with-your-support-worker/) – Mable
* [How to build trust with your support workers](https://www.ability8.com.au/post/how-to-build-trust-with-your-support-workers) – Ability8
* [How to maintain professional boundaries with your support worker](https://mable.com.au/discover/building-your-support-team/how-to-maintain-professional-boundaries-with-your-support-worker/) – Mable

When things do not go as planned

* [Solving problems](https://www.housinghub.org.au/housing-seekers/solving-problems) – Housing Hub
* [Changing your plan](https://www.ndis.gov.au/participants/changing-your-plan) – NDIS
* [Advocacy](https://www.housinghub.org.au/housing-seekers/advocacy) – Housing Hub
* [Disability Advocacy](https://askizzy.org.au/disability-advocacy-finder) – Ask Izzy
* [Find an advocate](https://www.dana.org.au/find-an-advocate/) – Disability Advocacy Network Australia
* [Housing Advocacy Service](https://pwd.org.au/get-help/housing-and-accommodation/) – People with Disability Australia
* [Who can help me if things go wrong?](https://assets.summerfoundation.org.au/app/uploads/2024/03/27151800/Mainstream-Housing-Options-2024-accessible.pdf) (pages 14 to 16)– Summer Foundation
* [Your housing rights](https://www.disabilitygateway.gov.au/housing/housing-rights) – Disability Gateway
* [Rights and legal](https://www.disabilitygateway.gov.au/legal) – Disability Gateway

#### Chapter 5: Ongoing support

Make changes to your NDIS plan

* [Request a review of an NDIS decision that I don’t agree with](https://www.housinghub.org.au/resources/article/request-a-review-of-an-ndis-decision-that-i-dont-agree-with) – Housing Hub
* [Factsheets: Challenging NDIS decisions](https://www.housinghub.org.au/resources/category/challenging-ndis-decisions) – Housing Hub
* [Request a review of a decision](https://www.ndis.gov.au/participants/request-review-decision) – NDIS
* [How to request an internal review of a decision](https://www.ndis.gov.au/applying-access-ndis/how-apply/receiving-your-access-decision/internal-review-decision) – NDIS
* [Choose the type of decision you want reviewed](https://www.art.gov.au/) – Administrative Review Tribunal
* [Plan variations](https://www.ndis.gov.au/participants/changing-your-plan#plan-variations) – NDIS
* [Plan reassessments](https://www.ndis.gov.au/participants/changing-your-plan#plan-reassessments) – NDIS
* [Changing your plan](https://www.ndis.gov.au/participants/changing-your-plan) – NDIS
* [Factsheet: changing your plan](https://ourguidelines.ndis.gov.au/media/1664/download?attachment) – NDIS

When things do not go as planned

* [Help if you’re homeless](https://my.gov.au/en/services/living-arrangements/finding-renting-and-buying-a-home/help-with-homelessness/help-if-you-re-homeless) – Australian Government
* [Homelessness support and services](https://www.salvationarmy.org.au/need-help/homelessness-support-services/) – Salvation Army
* [Homelessness Services](https://homelessnessaustralia.org.au/homelessness-services/) – Homelessness Australia
* [Everybody deserves a place to call home](https://www.redcross.org.au/services/homelessness-services/) – Australian Red Cross