

National Autism Strategy

Help shape the change.

National Autism Strategy 2025-2031 – LGBTQIA+ Snapshot

Autistic people are more likely to identify as LGBTQIA+ than non-Autistic people and may face greater discrimination in service accessibility and community due to stigma towards their identity. The National Autism Strategy acknowledges these additional barriers and aims to improve life outcomes for all Autistic people.







Vision Statement

The National Autism Strategy's vision is for a safe and inclusive society where all Autistic people are supported and empowered to thrive in all aspects of life, in line with international human rights.

Goal

The goal of the National Autism Strategy is to improve the quality of life for all Autistic people in a way that is meaningful to them.

Guiding Principles

- | | |
|---|--|
|  In Partnership –
Nothing About Us, Without Us |  Acceptance and Inclusivity |
|  Accessible Based on Universal Design |  Safety and Rights |
|  Self-determination and Autonomy |  Neurodiversity –
Affirming, Individualised and Holistic |
|  Aligned and Accountable Outcomes | |

Help and Support

Autism Connect is a free, national helpline providing independent and expert autism information that you can trust over phone, email and webchat. Call 1300 308 699 to speak with an Autism Connect Advisor or visit amaze.org.au/autismconnect/

Key Outcomes



Social Inclusion:

- The rights of Autistic people who identify as LGBTQIA+ are being upheld.
- Reduced harm experienced by Autistic people who identify as LGBTQIA+.
- Increased autism awareness and acceptance in the general community.
- Increased inclusion of Autistic people who identify as LGBTQIA+ who may face greater barriers within the community.
- Improved access to responsive supports, services and information.

Economic Inclusion:

- Improved education opportunities and outcomes for Autistic people who identify as LGBTQIA+, and greater autism awareness and responsiveness within the education sector.
- Improved employment opportunities and outcomes for Autistic people who identify as LGBTQIA+, and greater autism awareness and responsiveness of employers, workplaces and in employment services.

Diagnosis, Services and Supports:

- Improved awareness and access to respectful assessment and diagnosis, including early diagnosis.
- Improved information and support to navigate the assessment and the diagnosis process.
- Increased access to timely, equitable and neurodiversity-affirming services and supports.

Enabling Actions



Governance, Research, and Evidence, Evaluation, and Reporting:

Governance:

Strategy and actions are guided with input from Autistic people, families, carers, professionals, government representatives and researchers.

Research-Driven Policy:

Build on existing evidence to inform policies inclusive of Autistic people and their communities.

Monitoring and Reporting:

Monitor progress of Strategy implementation and publicly report on the impact of actions under the Strategy.

Outcomes and actions to improve the health and mental health of Autistic people are being developed through the **Autism Health Roadmap** which is being led by the Department of Health and Aged Care.

