



## National Autism Strategy

Help shape the change.

# National Autism Strategy 2025-2031 – First Nations People Snapshot

First Nations Autistic people face greater barriers to inclusion, including discrimination and limited access to culturally safe services. The National Autism Strategy acknowledges these additional barriers and aims to improve life outcomes for all Autistic people.

## Vision Statement

The National Autism Strategy's vision is for a safe and inclusive society where all Autistic people are supported and empowered to thrive in all aspects of life, in line with international human rights.

## Goal

The goal of the National Autism Strategy is to improve the quality of life for all Autistic people in a way that is meaningful to them.

## Guiding Principles

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|  In Partnership –<br>Nothing About Us, Without Us |  Acceptance and Inclusivity                                 |
|  Accessible Based on Universal Design             |  Safety and Rights  |
|  Self-determination and Autonomy                  |  Neurodiversity –<br>Affirming, Individualised and Holistic |
|  Aligned and Accountable Outcomes                 |  |

## Help and Support

Autism Connect is a free, national helpline providing independent and expert autism information that you can trust over phone, email and webchat. Call 1300 308 699 to speak with an Autism Connect Advisor or visit [amaze.org.au/autismconnect/](https://amaze.org.au/autismconnect/)

## Key Outcomes

### Social Inclusion:

- The rights of Autistic First Nations people being upheld.
- Reduced harm experienced by Autistic First Nations people.
- Increased autism awareness and acceptance in the general community.
- Increased inclusion of Autistic First Nations people within the community.
- Improved access to responsive supports, services and information.



### Economic Inclusion:

- Improved culturally safe education opportunities and outcomes for Autistic First Nations people, and greater autism awareness and responsiveness within the education sector.
- Improved culturally safe employment opportunities and outcomes for Autistic First Nations people, and greater autism awareness and responsiveness of employers, workplaces and in employment services.

### Diagnosis, Services and Supports:

- Improved awareness and access to respectful and culturally safe assessment and diagnosis, including early diagnosis.
- Improved information and support to navigate the assessment and the diagnosis process.
- Increased access to timely, equitable, neurodiversity-affirming and culturally safe services and supports.

## Enabling Actions

### Governance, Research, and Evidence, Evaluation, and Reporting:

#### Governance:

Strategy and actions are guided with input from Autistic people, families, carers, professionals, government representatives and researchers.

#### Research-Driven Policy:

Build on existing evidence to inform policies inclusive of Autistic people and their communities.

#### Monitoring and Reporting:

Monitor progress of Strategy implementation and publicly report on the impact of actions under the Strategy.

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Outcomes and actions to improve the health and mental health of Autistic people are being developed through the **Autism Health Roadmap** which is being led by the Department of Health and Aged Care.